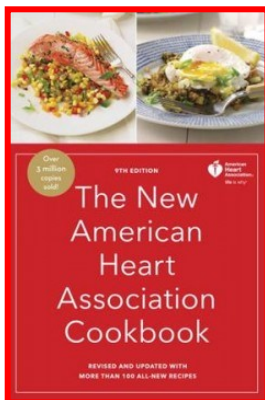


# May 2019



Did you know that May is **American Stroke Awareness Month** and that you can find information and resources about strokes at the library?

Below is some of what you can find:



### **The New American Heart Association Cookbook**

Newly revised and updated to reflect the Association's most current dietary and lifestyle recommendations, a guide to improving cardiac health and

achieving weight loss and general wellness presents 800 recipes, 100 all-new, that are based on flavors and cooking techniques to speak to today's palate. The mission of the American Heart Association is to build healthier lives, free of cardiovascular diseases and stroke.

Check out MPL's medicine and health databases for the latest information on stroke at

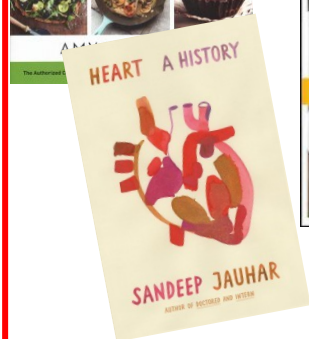
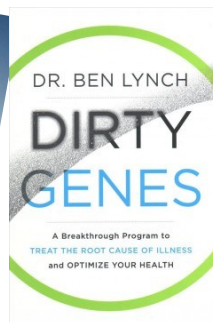
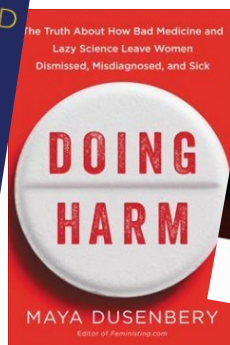
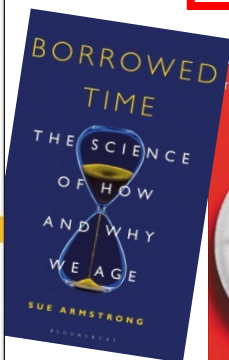
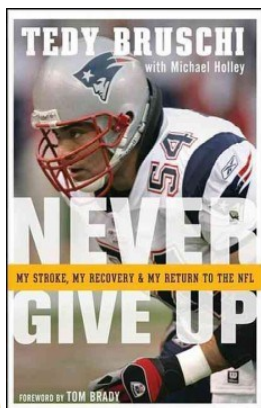
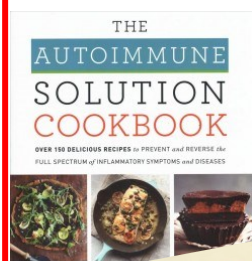
<http://bit.ly/MPLHealthdatabases>

### **Health & Wellness Resource Center:**

Includes health/medical journals, pamphlets, videos and articles from both general interest and reference titles.

### **Health Reference Center Academic:**

Multi-source database provides access to the full text of nursing and allied health journals, plus the wide variety of personal health information sources in InfoTrac's award-winning Health Reference Center. All in a single, easy-to-use database, the material contained in this database is intended for informational purposes only.



## Special Notice

The Marlborough Public Library will be  
**CLOSED** Monday, May 27  
in observance of Memorial Day

### Did you know?

The CWMARS online catalog now offers a new basket feature!



When browsing the catalog, you will see a new option, "Add to basket," to the right of each cataloged item.

Adding items to your basket allows you to keep track of materials you're interested in, but don't want to put on hold yet. The items in the basket can be added to a saved list (such as "books I want to read someday" or "books for term paper") and placed on hold later. You can also add multiple items to your basket and place them on hold all at once.

There is a dropdown menu for basket actions next to the basket icon on the top right of the catalog, but the options won't appear until something has been added to the basket. Once something has been added you will have the basket actions options to

- View basket
- Place holds
- Print title details
- Email title details
- Add basket to saved list
- Clear basket

*Enjoy this new feature!*

## From the Director



The **Marlborough Public Library Foundation** is the fundraising arm of the library. The Foundation is currently meeting with library supporters who are interested in donating to the capital campaign. Funds raised through the campaign will fund the furnishings, equipment and landscaping costs of the library renovation and addition project. These are the items that will help us create the highly functional, welcoming spaces that will be an essential part of our design.

The Foundation is looking for volunteers to help ask potential donors for their financial support. All volunteers are trained beforehand so that information is consistent and responses to common questions are reviewed. If you are interested in getting involved, contact the **Capital Campaign Chairman, Dan Verrico, at [drverrico@gmail.com](mailto:drverrico@gmail.com)**.

We are currently working on putting together the team of professionals who will help us create a new design that will address our building and parking needs, and create a strong connection to our West Main Street location. We will soon be hiring a Project Manager who will help us make good design decisions from the outset. We will provide updates in our monthly newsletter and on our website at [www.marlboroughpubliclibrary.org](http://www.marlboroughpubliclibrary.org).

## Friends of the Marlborough Public Library Events

### 22nd Annual Young People's Concert

Wednesday, May 22  
from 7-8 p.m.

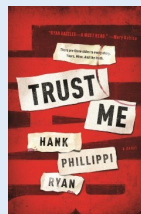
Featuring talented  
high school  
musicians chosen  
by competitive  
audition



### Author Series - Hank Phillippi Ryan

Wednesday, May 29 from 7-8 p.m.

Join Hank Phillippi Ryan, an on-air investigative reporter for Boston's WHDHTV, who has won 34 Emmys and dozens more journalism honors, as she discusses her current psychological thriller, *Trust Me*. The nationally bestselling author of 11 mysteries, Ryan's also an award-winner in her second profession—with five Agathas, three Anthonys, two Macavitys, the Daphne, and the Mary Higgins Clark Award. Her novels are Library Journal's Best of 2014, 2015 and 2016.



Copies of *Trust Me* are on reserve at the circulation desk.

## Have you read everything by your favorite author and can't figure out what to read next?

The CWMARS catalog can help! If you search for a book you know you loved, click on the title, and then scroll down to the bottom, you will find Read-a-like suggestions of similar authors or similar series!

The reference staff is always available to help as well!



## English Conversation Circle Leaders Wanted!

If you enjoy meeting people from other cultures and countries, please consider leading an English Conversation Circle. No teaching experience is required, all you need to do is direct the conversation and make sure everyone speaks. If you are interested, please contact Miriam Achenbach, Outreach Librarian, at 508-624-6900 or [machenbach@cwmar.org](mailto:machenbach@cwmar.org).

## English Conversation Circles

English Conversation Circles offer an opportunity for English Language Learners to speak in a relaxed atmosphere.

**No Registration Required**



### May English Conversation Circles

**Mondays:** 1:30 p.m.

**Tuesdays:** 10 a.m.

**Wednesdays:** 1:30 p.m.

**Thursdays:** 6:30 p.m.

**Fridays:** 1 p.m.

**Saturdays:** 10 a.m.

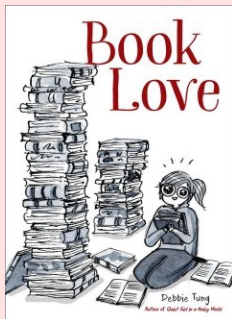
**Please check our calendar of events at <http://bit.ly/EnglishCircles> for meeting cancellations.**

## Have you seen our English as a Second Language section?

You can borrow these items to take home with your library card plus we can order many more learning materials from other libraries and have them sent here for you to borrow! Questions? The library staff is here to help!



## Adult Book Suggestions



### **Book Love**

By Debbie Tung

Ok, so I am old and set in my ways and not a graphic novel reader, but if there was ever a book to change my mind this would be it. *Book Love* is a portrait of every obsessive reader—I could see myself in the pages (I will admit I am not as cute as the young lady in the drawings), but instead of making me feel guilty about my enthusiastic reading, it made me feel really good about myself and my habit—maybe even proud. It is a really quick read, which means you can go through it a couple of times to really savor it. For every book reader, collector, buyer, and lover, read it and enjoy!

-Diane, Reference Librarian

# Adult Services



To sign up for any event that requires registration go to [bit.ly/MPLRegisterMAY2019](http://bit.ly/MPLRegisterMAY2019) or call (508) 624-6900

Temperatures are at last starting to climb, and while we have **several great May events** you can look forward to, it's also time to start thinking about our upcoming **Adult Summer Reading Program** that starts in June. Awe-inspiring adult activities with chances to win prizes all summer long are coming soon.



## Adult Events

### **Crafter Dark - Felted Phone Case**

Monday, May 6 from 6-8 p.m.

Needle felting is a fun and easy way to make personalized fabrics. Learn the basics of needle felting and a decorative sewing stitch by making a personalized phone or glasses case. This class is for ages 18 and over. *Please pre-register.*



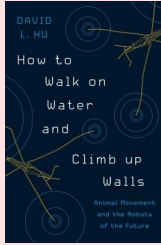
### **Container Gardening**

Tuesday, May 7 from 6:30-8 p.m.

Short on space, but still have visions of growing your own produce? Come learn all about growing in containers! Join Blackstone Valley Veggie Gardens for an informative session just in time to get started for the summer growing season.



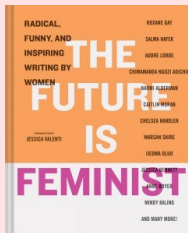
## More Adult Book Suggestions



### **How to Walk on Water and Climb up Walls : Animal Movement and the Robots of the Future**

By David L. Hu

Details the secrets behind animal movement and explains what they can teach us. Illustrations.



### **The Future is Feminist : Radical, Funny, and Inspiring Writing by Women**

Edited by Mallory Farrugia

A star-studded roster of iconic women write powerfully about what it means to be a feminist yesterday, today, and tomorrow. These poets, essayists, activists, actors, and professors address a range of topics. The results are by turns refreshing, provocative, moving, and hilarious. A diverse chorus of intersectional voices and a forward-looking stance set this book apart, and its vibrant, textured package makes it a beautiful gift. It's the smart, covetable anthology that women of all ages will turn to for support and inspiration in the ongoing fight for gender equality.

# Adult Services



To sign up for any event that requires registration go to <http://bit.ly/MPLRegisterMAY2019> or call (508) 624-6900

## More Events

### Forever Young Adult

Wednesday, May 29 from 6:30-7:30 p.m.

Let's celebrate Free Comic Book Day by dispelling the myth that graphic novels are bad for literacy!

Confounded by comics?

We'll go over the basic

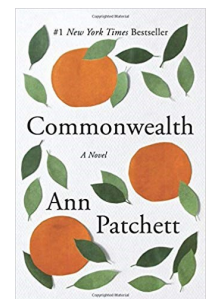
components of comic book layout and explore the wide variety of genres available in the graphic novel format. If you're already a fan, we need your expert input at this meeting. Read one of the suggested titles, or as many as you'd like, and come ready to share! Here are the suggested titles:

- *The Prince and the Dressmaker* by Jen Wang
- *Illegal* by Eoin Colfer, Andrew Donkin, Giovanni Rigano
- *Poe: Stories and Poems* by Gareth Hinds
- *Last Pick* by Jason Walz
- *Hey, Kiddo* by Jarrett J. Krosoczka
- *Nimona* by Noelle Stevenson



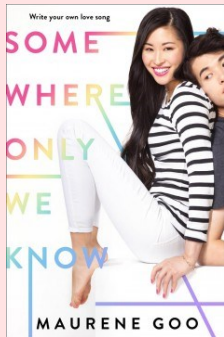
### Adult Book Club

Join us *Monday, May 20 from 6:30-8 p.m.* or *Thursday, May 23 from 10:30 a.m.-noon* for Book Club. This month we will discuss *Commonwealth* by Ann Patchett. Extra copies are available at the circulation desk.



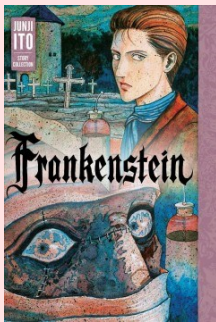
Learn more about the Book Club on our website at <http://bit.ly/MPLAdultBookClub>.

## Young Adult Book Suggestions:



### **Somewhere Only We Know** By Maurene Goo

Told from two viewpoints, teens Lucky, a very famous K-pop star, and Jack, a part-time paparazzo who is trying to find himself, fall for each other against the odds through the course of one stolen day.



### **Frankenstein:** **Junji Ito Story Collection** By Junji Ito

Junji Ito meets Mary Shelley! The master of horror manga bends all his skill into bringing the anguished and solitary monster --and the fouler beast who created him--to life with the brilliantly detailed chiaroscuro he is known for. Also included are six tales of Oshikiri--a high school student who lives in a decaying mansion connected to a haunted parallel world. Uncanny doppelgangers, unfortunately murdered friends, and a whole lot more are in store for him.

# Young Adult

To sign up for any event that requires registration or to view all events, go to <http://bit.ly/MPLRegisterMAY2019> or call 508-624-6903.

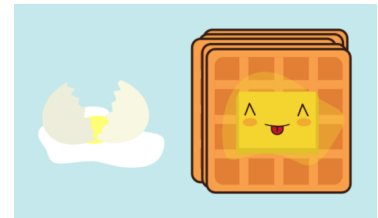
## Marlborough High School Artwork on Display

There is a new, rotating display of MHS student artwork in the Teen Room. Be sure to check it out the next time you drop in!



## Lifeskills 101: How to Crack an Egg

Our **Lifeskills 101** series continues in the kitchen *Thursday, May 30 from 5:30-6:30 p.m.* We'll cover some basic cooking skills and safety tips, including following a recipe, measuring ingredients, and cracking eggs. Then we'll use what we learned to make some waffles together. Bon Appetit! *Registration is required.*



## Creativity in Bloom



Spring is finally here! Make some beautiful springtime greetings or Mother's Day cards at **Lazy Crafternoon Thursday, May 9 from 3:30-4:30 p.m.** Get creative with the library's art supplies and make something truly unique for someone you love. *Registration is appreciated, but not required.*

Teen writers, come and do your thing in a supportive and inspiring space at the next **Teen Write-In Thursday, May 23 from 6-7:30 p.m.** You provide the imagination and we'll provide the music and snacks. *No registration required.*

## More Young Adult Book Suggestions



### **Girls with Sharp Sticks** By Suzanne Young

In the near future at a girls-only private high school isolated in the Colorado mountains, Mena and her classmates--under the watchful eyes of their Guardian, professors, and analyst--are trained to be beautiful and obedient for their sponsors and investors.



### **We Set the Dark on Fire** By Tehlor Kay Mejia

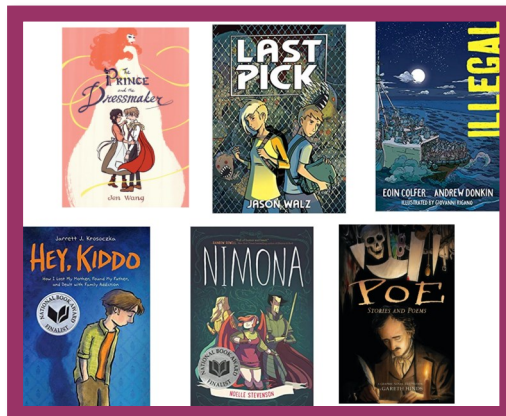
As the top Primera of the Medio School for Girls, Dani has spent the last five years trying to forget the world her parents fought hard to leave behind--the world beyond the border wall, where people are dying of hunger and illness. Then society-wife-in-training Dani has a great awakening after being recruited by rebel spies and falling for her biggest rival.

# Young Adult

## Book Clubs

What have you been reading lately? Share your book reviews and get recommendations for what to read next over a pizza dinner with other teen readers. The Teen Librarian will also share some brand new YA titles before they hit the library shelves. The next meeting of **Reading at the Table** is *Thursday, May 16 from 6-7p.m.* (Grades 6-12). *Please pre-register.*

Come to **Forever Young Adult**, our book club for adults who want to read YA literature. Teens are welcome to join, too! At our meeting *Wednesday, May 29 from 6:30-7:30 p.m.*, we'll go over the basic components of comic book layout and explore the wide variety of genres available in the graphic novel format. This month's suggested titles have a little something for everyone. Read one or as many as you'd like, and come ready to share!



- *The Prince and the Dressmaker* by Jen Wang
- *Illegal* by Eoin Colfer, Andrew Donkin, Giovanni Rigano
- *Poe: Stories and Poems* by Gareth Hinds
- *Last Pick* by Jason Walz
- *Hey, Kiddo* by Jarrett J. Krosoczka
- *Nimona* by Noelle Stevenson

To register for events or to view regularly scheduled monthly teen programs, go to <http://bit.ly/MPLRegisterMAY2019> or call 508-624-6903.

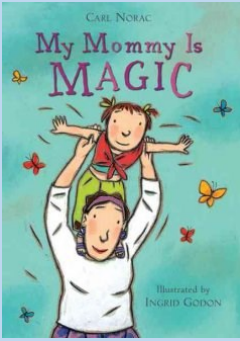


## Children's Book Suggestions

### Picture Book

#### **My Mommy is Magic**

By Carl Norac

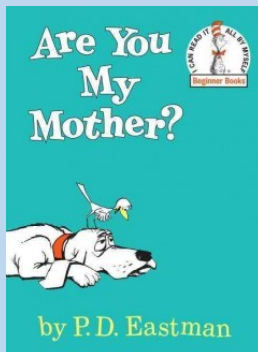


A child lists things a mommy does, such as chasing monsters away, that show she is magic, even if she does not have a wand or magic hat.

### Beginner Reader

#### **Are You My Mother?**

By P.D. Eastman



Never having seen his mother, a baby bird makes humorous mistakes trying to find her.

# Children's



To view all children's activities, or to sign up online for any event that requires registration go to <http://bit.ly/MPLRegisterMAY2019> or call 508-624-6902.

## Spring is finally here!

The Children's Room is eagerly preparing for the **Summer Reading Program**, and we look forward to sharing details with you. This year's theme is a "Universe of Stories", so we'll have everything from a **Mini Space Camp** to a **Star Wars-themed party**, and special science programs with **Mad Science** and **Kosmic Kelly**.



## May Events

### This month, the **Young Scientists STEM Series**

is back for another session on **Mondays at 11 a.m.** This 6-week series

introduces little ones to STEM concepts through hands-on

activities, engaging stories, challenges, and simple experiments. (Ages 3-5, with a caregiver). Please pre-register.

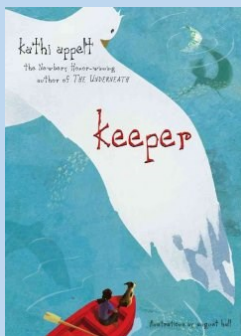


Paul Goldman from OARS, an environmental agency, will be joining us at our **Early Explorers Program** for an **Earth Day Celebration Thursday, May 16 at 10 a.m.** He'll play music and we'll make instruments out of recycled materials. (Ages 3-6, with a caregiver). *No registration is required.*



## Another Children's Book Suggestion

### Chapter Book



### **Keeper**

By Kathi Appelt

On the night of the blue moon when mermaids are said to gather on a sandbar in the Gulf of Mexico, ten-year-old Keeper sets out in a small boat, with her dog BD and a seagull named Captain, determined to find her mother, a mermaid, as Keeper has always believed, who left long ago to return to the sea.

# Children's



To view all children's activities, or to sign up online for any event that requires registration go to <http://bit.ly/MPLRegisterMAY2019> or call 508-624-6902.

### More May Events

We'll be having a **Spanish Storytime** Wednesday, May 22 at 9 a.m. Don't miss this wonderful opportunity to listen to stories in Spanish and do a craft (Ages 3 and over, with a caregiver).

### Meet Dublin!

We have a new addition to our **Read to a Dog Program!** Dublin will be joining us every Wednesday at 6:30 p.m. Stop by and read a story to him.

