Marlborough Public Library Newsletter

February 2020

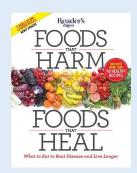


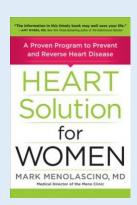
February is American Heart Month

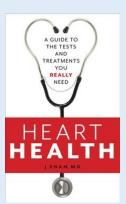
The library is your heart health information source!

Read up on heart health, check out video games and DVDs that get your cardio going, find heart healthy recipes and more!

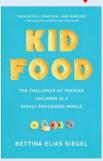


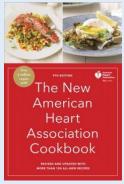






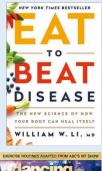




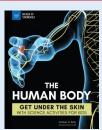






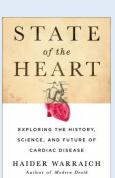




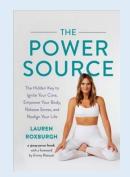


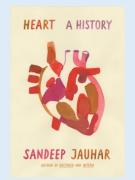
Whole Heart

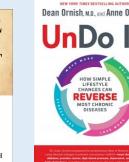
SOLUTION













MPL Holiday Hours

The library will be CLOSED

Monday, February 17



in honor of Presidents' Day

Gouri enjoys snuggling with her daughter, Krithika, as she catches up on the news at the library.



From the Director



Join us for the unveiling of the renovation and addition plans for the new library. LLB Architects will walk you through each floor and discuss the community spaces that the new library will provide. They will also talk about the exterior design and its connection to West Main Street and the historic Carnegie building that continues to be at the heart of the design.

Join us at one of these sessions to learn about the progress we have been making and the exciting plans for the future:

Thursday, Feb. 6, from 7-8 p.m. Wednesday, Feb. 12, from 4-5 p.m. Friday, Feb. 14, from 10-11 a.m.

All meetings will be held in the library's Bigelow Auditorium and there will be ample time for questions. We look forward to seeing you!

Free Income Tax Preparation by AARP Volunteers



AARP volunteer tax preparers will be here at the Marlborough Public Library Saturdays starting February 8 through April 11. They will provide free income tax service for low and moderate income taxpayers. (Moderate income is less than \$80,000 per household.)

Reservations are required. To register for an appointment, please call the library at 508-624-6900. You will be asked for your name and phone number. Library staff will provide you with information about what you will need to bring on the day of your appointment. Questions? Please call 508-624-6900.

Need a Hand?

Access the MPL Social Service/
Community Resource Directory at

bit.ly/MPLResourceDirectory2020



English Conversation Circles

English Conversation Circles offer an opportunity for English Language Learners to speak in a relaxed atmosphere.

No Registration Required



English Conversation Circles Schedule

Tuesdays at 10 a.m. Wednesdays at 9:30 a.m. Thursdays at 6:30 p.m. Sundays at 2 p.m.

Please check our calendar of events at bit.ly/EnglishCircles for meeting cancellations.

Would you like to receive our newsletter in your email inbox every month?



Sign up at bit.ly/MPLeNEWS

When you sign up you can also opt to receive additional alert reminders about kids, teen or adult events, holiday hours and special announcements.

Friends of the Marlborough Public Library Event

The Roaring 20's - Christopher Daley Historian

Thursday, Feb. 27 from 6:30-8:15 p.m. The Friends of the Marlborough Public Library are inviting all to come enjoy a one-hour slide presentation on the 1920's era. The event will showcase



world events, political events, prohibition, organized crime, as well as the style, fashion and trends of the Jazz Age. Free and open to the public. *No registration is required*.

ANICK YOUNG PEOPLE'S PERFORMING ARTS FESTIVAL MUSIC COMPETITION

Calling High School Musicians! (Application deadline: February 28, 2020.)

The Friends of the MPL invite high school age instrumentalists in the greater Marlborough area to compete in the Anick Young People's Performing Arts Festival Music Competition. Winners will receive a cash prize and perform Wednesday, May 27, at the Marlborough Senior Center, located at 40 New Street.

Information and application available at http://www.mpl-friends.org/events.html

Looking for the latest music?

Check out our **NEW** area for **NEW** music to the right of our CD collection!



Adult Book Suggestion



Twenty-One Truths About Love By Matthew Dicks

There are all kinds of gimmicks when authors write books: books in rhyme, books with several narrators, books with ahosts as characters, etc. This is the first book I have read that is all lists. Shopping lists, to-do lists, lists of likes and dislikes, bestselling book lists (the narrator is an exteacher, now bookstore owner), lists about his employees, wife, and wife's dead husband. Even after I finished the book, I cannot tell you how Mr. Dicks accomplished it, but he created an enjoyable, coherent, and thoughtful story with humor, pathos, and sensitivity, that finds the reader pulling for Dan's bookstore to be successful, his marriage to work out, and his new daughter to live. Not much in the way of descriptive language, but you can imagine Dan sitting next to you reading his lists and getting your opinion about whatever the list was about. Even though it is very different from the typical novel, it is an enjoyable read, and I would love to find out what happens to Dan, his family, his friends, and his bookstore in a sequel...Matthew Dicks, are you reading this?

-Diane. Reference Librarian

Adult Services \$\mathbb{P}\$

To sign up for any event that requires registration, go to bit.ly/MPLRegisterFEB2020 or call (508) 624-6900.

Adult Events

Crafter Dark: Foam Snowfolks

Monday, Feb. 3, from 6:30-8 p.m. Make a fun snowperson using foam balls! Please register as space is limited.



Adult Book Club

Join us Monday, Feb. 10, from
6:30-8 p.m. or Thursday, Feb. 13, from
10:30 a.m.-noon for Adult Book Club.
This month the club is reading The
Hate U Give by Angie Thomas. Copies
of the book are available at the
circulation desk. To view the complete
list of 2020 monthly book selections or
to learn more about the Adult Book Club, go to
bit.ly/MPLAdultBookClub2020.



Mighty Aphrodite

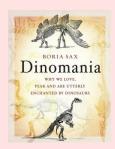
Tuesday, Feb. 18, from 6:30-8 p.m.



Join Kim Larkin of Klassic
Kreations for a playful program
celebrating love, friendship, and
romantic duos throughout
history. Includes entertaining
trivia, discussion and samples of
aphrodisiac foods (including

Belgian chocolate!), pomegranate cocktail spritzer (Aphrodite's favorite), fun poetry, a colorful display, and more! Registration is required.

More Adult Book Suggestions



Dinomania: Why We Love, Fear and Are Utterly Enchanted By Dinosaurs

By Boria Sax

The story of our unlikely romance with the dinosaurs, from the finding of their enormous bones to the dinosaur theme parks of today.



The Color of Love:

A Memoir of a Mixed-race

Jewish Girl

By Marra B. Gad

A memoir about a mixedrace Jewish woman who
chooses to help her
estranged Great-Aunt Nette
after she develops
Alzheimer's, a disease that
erases Nette's prejudices,
allowing Marra to develop
a relationship with the
woman who shunned her in
her youth.

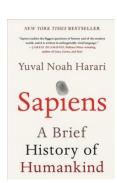
Adult Services \$\mathbb{P}\$

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More Adult Events

Science Book Club

Monday, Feb. 24, from 6:30-8 p.m. Read a book about a topic in science! No previous experience in the subject is necessary; come to learn something new or to share your expertise! This month we are reading Sapiens: A Brief History of Humankind by Yuval Harari.



Copies are available at the circulation desk. This club is for ages 18 and over. *No registration required.*

Forever Young Adult

Wednesday, Feb. 26, from 6:30-7:30 p.m.

Join us for FYA, our book club for adults who read YA. Teens are welcome, too! Love is in the air!

February's books are Bloom by Kevin Panetta and If I'm Being Honest by Emily Wibberley and Austin



Bloom

Siegemund-Broka. Pick one or read both if you're feeling ambitious! Copies are available at the circulation desk. *No registration required*.

Herb Gardening

Saturday, Feb. 29, from 1 to 2 p.m.
Save money and keep more green in your wallet by learning how to grow your own herbs! Join Blackstone
Valley Veggie Gardens to find out how to grow, store, plant, harvest,



and eat herbs, as well as how to save your seed for next season! No registration required.

YA Book Suggestions



The Girl Who Rode a Shark: and Other Stories of Daring Women

By Ailsa Ross and Amy Blackwell (Illustrations)

This book is a rousing collection of biographies focused on women and girls who have written, explored, or otherwise plunged headfirst into the pages of history. Undaunted by expectations, they made their mark by persevering in pursuit of their passions. The tales come from a huge variety of times and places, from a Canadian astronaut to an Indian secret agent and to a Balkan pirate queen who stood up to Ancient Rome.



When the Stars Lead to You By Ronni Davis

When Ashton breaks Devon's heart at the end of the most romantic and magical summer ever, she thinks her heart will never heal. But over the course of the following year, Devon finds herself slowly putting the broken pieces back together. Now it's senior year, and she's determined to enjoy every moment of it as she prepares for a future studying the galaxies. That is, until Ashton shows up on the first day of school. Can she forgive him and open her heart again? Or are they doomed to repeat history?

Young Adult 4

To sign up for any event that requires registration or to view all events, go to bit.ly/MPLRegisterFEB2020 or call 508-624-6903.

Teen Events (For Grades 6-12 unless otherwise noted)

February Vacation

Take the **Teen Speed Read Challenge** during your school break! Can you read a whole book from start to finish between *Saturday, Feb. 15, and Monday, Feb. 24?* Read your book, fill out the review form, then bring your completed form the Reference Desk by *Monday, Feb. 24,* and pick out your **free prize book** (limit one per teen). Pick up a form at the Reference Desk or download here: **bit.ly/MPLTeenBreak.**

Practice your manga-drawing skills and learn from other artists at a special meeting of the **Anime & Manga Club** Tuesday, Feb. 18, from 3:30 to 4:30 p.m. We'll provide paper, pens, and pencils, but feel free to bring a sketchbook or a piece in progress you'd like to work on. Registration appreciated but not required.

Make cookies inspired by the kawaii aesthetic (Japanese "cuteness" culture) at the **Kawaii Cookie**Workshop Wednesday, Feb. 19, from 2 to 4 p.m. Mandy from Wicked Good Henna will teach you to use royal icing to make detailed facial expressions on your creations! Space is limited, and registration is required.



Come to **ArtLab** Thursday, Feb. 20, from 4 to 6 p.m. Take a blank canvas and acrylic paints and see what you can do. Just hang out and get creative! Registration required.

More YA Book Suggestions



Color Me In By Natasha Diaz

Fifteen-year-old Nevaeh Levitz is torn between two worlds: passing for white while living in Harlem, being called Jewish while attending her mother's Baptist church, and experiencing first love while watching her parents' marriage crumble.



Ordinary Hazards:
A Memoir
By Nikki Grimes

Growing up with a mother suffering from paranoid schizophrenia and a mostly absent father, Nikki Grimes found herself terrorized by babysitters, shunted from foster family to foster family, and preyed upon by those she trusted. At the age of six, she poured her pain onto a piece of paper late one night - and discovered the magic and impact of writing. For many years, Nikki's notebooks were her most enduring companions. This memoir shows how the power of those words helped her conquer the hazards - ordinary and extraordinary - of her life.

Young Adult \$\mathbb{P}\$

More Teen Events (For Grades 6-12 unless otherwise noted)

Spread Some Love

Come to Lazy Crafternoon Tuesday, Feb. 11, from 3:30 to 5 p.m. and make creative paper-craft Valentines, including a little origami box you can fill with candy. Registration appreciated, but not required.



Monthly Events

Be a **Window Artist** Monday, Feb. 3, from 3 to 5 p.m. and paint festive Valentine designs on the Children's Room windows. This is a fun way to earn volunteer hours for school. Registration is required to reserve a window.

Come to **Hot Cocoa Cafe** Wednesday, Feb. 5, from 6 to 8 p.m. Do homework, enjoy hot cocoa, and take breaks to make DIY pins on our button maker. No registration required.

Join other teen authors for our monthly **Teen Write-In** *Thursday, Feb.*6, from 6 to 7 p.m.
Brainstorm, workshop, and collaborate in a supportive environment for writers

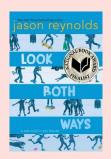


of all levels of experience. We'll have soothing music, hot cocoa, and snacks to feed your inspiration.

Registration appreciated, but not required.

To register for events or to view regularly scheduled monthly teen programs, go to bit.ly/MPLRegisterFEB2020 or call 508-624-6903.

More YA Book Suggestions



Look Both WaysBy Jason Reynolds

Jason Reynolds conjures ten tales (one per block) about what happens after the dismissal bell rings, and weaves them into one story about the detours we face on the walk home and in life.



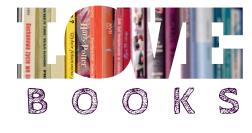
PetBy Akwaeke Emezi

In a near-future society that claims to have gotten rid of all monstrous people, a creature emerges from a painting seventeen-year-old Jam's mother created, a hunter from another world seeking a real-life monster.

Young Adult T

Book Clubs (For Grades 6-12 unless otherwise noted)

Come to our casual book discussion group **Reading** at the Table Thursday, Feb. 13, from 6 to 7 p.m. Share your book reviews, get first dibs on brand new books, and enjoy



some pizza for dinner. This month we'll talk about the books that made us fall in love with reading and enjoy some Valentine treats. *Please pre-register*.

Come to **Forever Young Adult**, our book club for adults who want to read YA literature.

Wednesday, Feb. 26, from 6:30 to 7:30 p.m.
Teens are welcome, too. Explore YA
romance with February's books:
Bloom by Kevin Panetta and If I'm
Being Honest by Emily Wibberley and
Austin Siegemund-Broka. Pick one or
read both if you're feeling ambitious!
Get your copies at the Circulation

Desk. No registration required.



To register for events or to view regularly scheduled monthly teen programs, go to bit.ly/MPLRegisterFEB2020 or call 508-624-6903.

Children's Book Suggestion

Picture Book



I Love You all Year Through

By Stephanie Stansbie

Poetic verse perfectly expresses the unconditional love shared between grownups and their precious little ones. Togetherness is always special, whether you are enjoying springtime showers, lazy summer days, or the cozy chill of autumn and winter. The touching message will resonate with parents, grandparents, and anyone who has a little one in their life. A musthave for new parents...and every family's storytime bookshelf!

Children's



To view all children's activities or to sign up online for any event that requires registration, go to bit.ly/MPLRegisterFEB2020 or call 508-624-6902.

Join us for a week of fun during school vacation (February 18-21)

On Tuesday, Feb. 18, at 2 p.m., we'll be painting canvases that feature animal figurines during the **Animal Canvas**Painting Workshop. This workshop is for children ages 3 to 12 with a caregiver. *Please pre-register*.



Come see us Wednesday, Feb. 19, at 10 a.m. for the **Animal Cookie Workshop!** Ms. Mandy will be showing us how to decorate yummy animal cookies with frosting. This program is for kids ages 6 to 12. Please pre-register.

On Thursday, Feb. 20, Ms. Debby will have special sessions of Art Club at 10 a.m. and Mad Science at 2:30 p.m. No registration required.

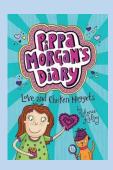
On Friday, Feb.
21, Animal World
Experience will
be here at 2
p.m. Matt will
teach us all
about winter
animals and
how they survive
in the cold
weather. You'll



also get the chance to pet some of the animals that will be featured in the show. Don't miss it! No registration required.

More Children's Book Suggestions

Early Chapter Book



Love and Chicken NuggetsBy Annie Kelsey

Pippa's class has been given a Valentine's Day project all about 'love'--blargh! But you know who could use some more love? Her mom! So Pippa decides to start another project: Project Find Mom Love. Will Pippa be able to find Mom a husband?

Chapter Book



Sweet Treats and Secret Crushes

By Lisa Greenwald

When a snowstorm keeps thirteen -year-old best friends Olivia, Kate, and Georgia inside their Brooklyn, New York, apartment building on Valentine's Day, they connect with their neighbors by distributing homemade fortune cookies and uncover one another's secrets along the way.

Children's



To view all children's activities or to sign up online for any event that requires registration, go to bit.ly/MPLRegisterFEB2020 or call 508-624-6902.

Children's Book Club

Hooked on Books will be meeting Tuesday, Feb. 25, at 4:30 p.m. This month's genre is graphic novels. We'll be reading Sisters by Raina Telgemeier.

About this book:

Raina can't wait to be a big sister. But once Amara is born, things aren't



quite how she expected them to be. Amara is cute, but she's also a cranky, grouchy baby, and mostly prefers to play by herself. Their relationship doesn't improve much over the years, but when a baby brother enters the picture and, later, something doesn't seem right between their parents, they realize they must figure out how to nurture their love and friendship... they are sisters, after all.

Read the book then join us for a chat, a snack and a fun activity. This book club is recommended for intermediate readers, grades 2-5. Copies of the book are available at the children's circulation desk. Registration is required.