



Monthly Digest

learn, play, and explore



Mental Health Awareness Month

May is a time to remember that your mental health is essential to your overall health. Our [Community Resources](#) page contains a wealth of helpful information, featuring a [directory](#) of crisis helplines and detailed contact information for local agencies and organizations that provide support for issues such as depression, addiction, domestic and sexual violence, bullying, grief, and parenting challenges. Need assistance navigating these resources? Our Reference librarians are here to help! Contact them during our business hours at 508-624-6900, or send them a message anytime at marlboroughreference@cwmar.org.

From the Director's Desk

[Click here](#) for a letter from the desk of our director, Sara Belisle.

What's New on Our Shelves?

Visit [Wowbrary](#) to see all the newest stuff at your library!



Children's Book Week 5/6 - 5/12

Children's Book Week takes place in May, and what better way to celebrate than by attending one of our storytimes? We have them at various times throughout the day, so there's sure to be one that fits your schedule. [Click here](#) to view upcoming storytimes in our online calendar.



Holiday Hours

The library will be closed on Mon., 5/27, for Memorial Day.

May 5th is Museum Lover's Day



New England Aquarium



Museum of Science



DISCOVERY FARM



DISCOVERY MUSEUM

We think that "Museum Lover's Day" is the perfect opportunity to remind everyone about our amazing discounted museum pass program! Whether you enjoy science, art, state parks, botanical gardens, or even petting zoos, we have a pass to suit you and your family. [Click here](#) for more information on our discounted pass program, and reserve a pass today!

Library Links

[Visit Our Website](#)

[Access Your Account](#)

[Calendar of Events](#)

[English Language Learning Resources](#)

[Crisis & Community Resources](#)

[Room Reservations](#)

[Museum Passes](#)

Contact Us

35 West Main St.
Marlborough, MA
(508) 624-6900

[Online Contact Form](#)

Mon - Thurs: 9am - 8pm
Fri & Sat: 9am - 5pm

Teen Career Exploration Series Continues

Our student-led career exploration series continues through the month of May! Brought to you by the MPL Teen Advisory Board, each session focuses on a different career field. Panelists from the community will share their experiences leading to their career, followed by a Q&A.



Thu. 5/9 @ 6pm: Health & Medicine

Thu. 5/23 @ 6pm: Technology



STOP THE BLEED®

Certified First Aid Instruction (Wed. 5/22)

[STOP THE BLEED®](#) is a national campaign established to encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. This valuable class, led by Maureen Searl, RN, M.Edu, NCHES, Certified American Heart Association AED/CPR/First Aide Instructor and Department of Defence Stop the Bleed (STB) Certified Instructor, is for both teens and adults. The session is one hour long, and includes hands-on training. There are three sessions to choose from. For more information, and to register, [click here](#).

