

Monthly Digest

learn, play, and explore

Mental Health Awareness Month

May is a time to remember that your mental health is essential to your overall health. With this in mind, we're proud to share our **Community Resources** page, featuring a **directory** of crisis helplines and detailed contact information on local agencies and organizations that provide support for issues such as depression, addiction, domestic and sexual violence, bullying, grief, and parenting challenges. Need assistance navigating these resources? Our Reference librarians are here to help! Contact them during our business hours at 508-624-6900, or send them a message anytime at



 $\underline{marlboroughreference@cwmars.org}.$

What's New on Our Shelves?



From the Director's Desk

<u>Click here</u> for a building update, straight from the desk of our director, Sara Belisle.

Library Links

Visit Our Website

Access Your Account

Calendar of Events

English Language Learning
Resources

Crisis & Community Resources

Contact Us





Temporary location: 255 Main St. Marlborough, MA (508) 624-6900

marlboroughreference@cwmars.org

Mon - Thurs: 9am - 7:45pm Fri & Sat: 9am - 5pm

May Adult Book Club Tuesday, May 9th at 6pm

Deftly combining historical fiction with magical realism, this debut novel by Jenny Tinghui Zhang follows a young Chinese girl on a desperate quest to outrun the tragedy that chases her. This program is being offered in hybrid format, and registration is required. Click here for more information, and to save your spot!

Holiday Hours



We will be closed on Monday, May 29th, in observance of Memorial Day

* STEM BEGINNINGS 6-WEEK YOUNG SCIENTIST SERIES

* FRIDAYS @ 10 AM STARTING APRIL 28TH REGISTRATION IS REQUIRED. CLICK HERE FOR MORE INFORMATION! AGES 3-6,



April Showers Brought May Flowers!

As promised, April showers have brought May flower... events!
Learn all about <u>ikebana</u>, the art of Japanese flower arrangement,
take a <u>nature walk and do a Cyanotype</u>, or join us for <u>outdoor</u>
<u>meditation</u>. Click the event to register!

Intro to Craftivism for Teens & Adults Thursday, May 4th at 5pm

Craft-based activism has been used as a tool of resistance, coalition building, even espionage! Shannon, from Badass Cross Stitch, will teach you how to "stab it out" with embroidery, while giving an overview of the history of craftivism and ways you can get involved in the modern movement. Registration is required. **Click here** for more information.

