November is National Alzheimer's Disease Awareness Month

MPL invites you to check out the sampling of our resources below and to come to the library to explore more.

Find additional consumer health resources and links on the MPL website at www.marlborough-ma.gov/marlborough-public-library/subject-guides/pages/consumer-health
From the Director

Building Update

We are making great progress on the library design! We will finish the initial phase of the design process in the next 1-2 months. Then we will be able to share renderings of the expanded and renovated library. This will be an exciting next step in the process.

The next phase of the project will be design development which requires us to focus in on each space in greater detail. This part of the process will provide more detail for the construction phase which we anticipate will begin next fall.

We also continue to evaluate the Walker Building as a temporary location while the library is under construction. We are currently working on how many book stacks the building can accommodate and how they should be arranged to distribute the weight of these materials.

There are lots of aspects of the project that need to be coordinated. We are fortunate to have the support of many throughout the city who are helping us make progress! We will continue to keep you updated in our newsletter and on our website, marlboroughpubliclibrary.org

MPL November Holiday Hours

Veterans’ Day
Monday, Nov. 11: CLOSED

Thanksgiving
Wednesday, Nov. 27
OPEN 9 a.m. - 5 p.m.
(closing early)
Thursday, Nov. 28: CLOSED
Friday, Nov. 29: CLOSED
Saturday, Nov. 30: OPEN 9 a.m. - 5 p.m.

Having visitors for the holidays?
Need entertainment?

Don’t forget to check out our board games before the guests arrive! Here is a small sampling of the games that are available for checkout!

Find out more at www.marlborough-ma.gov/library/borrow/pages/toys-games-kits
The Marlborough Public Library will be accepting

Food for Fines

from Saturday, Nov. 30 throughout the entire month of December

To waive fines, we request a donation of one nonperishable food or personal care item per $1.00 in fines. Excludes fines for Museum Passes and replacement fees for lost materials. All nonperishable food/personal care items and all fine money collected during this period will be donated to the Marlborough Community Cupboard. We thank you for your generosity!

Would you like to receive the MPL Newsletter in your email inbox every month?

Sign up at bit.ly/MPLeNEWS

When you sign up you can also opt to receive additional alert reminders about kids, teen or adult events, holiday hours and special announcements.

English Conversation Circles

English Conversation Circles offer an opportunity for English Language Learners to speak in a relaxed atmosphere.

No Registration Required

November English Conversation Circles

Tuesdays at 10 a.m.
Wednesdays at 9:30 a.m.
Thursdays at 6:30 p.m.
(Except no meeting Nov. 28: Library Closed)
Sundays at 2 p.m.

Please check our calendar of events at
bit.ly/EnglishCircles
for meeting cancellations.
2019-2020 Season - 49th Annual Art Exhibition
Tuesday, Nov. 12 through Sunday, Nov. 17, 2019

“THE WINNERS WALL”
Previous winners’ artwork will adorn the walls of the library’s Bigelow Auditorium.

For further information, call 508-561-1191 or email: jmccabe@write4ucalligraphy.com

Mae West Featuring The Delvena Theater Company
Thursday, Nov. 21, at 7 p.m.

Come visit with Mae West in a dressing room on the set of the 1940 production of My Little Chickadee. This performance will bring Mae West to life while you laugh as the audiences did way back when.

Learn about her personal life too in this humorous, yet informative production – an evening of fun. After the performance, the actor will open up to the audience for a discussion regarding West. The evening is sure to be a truly a unique experience!

For more information, contact Peggy Schwarz Ayres, Friends Special Program Series Chair, at 508-481-7118 or visit The Friends’ website www.mpl-friends.org.

The Friends of the MPL Events will be held in the library’s Bigelow Auditorium.
National Novel Writing Month (NaNoWriMo)

NaNoWriMo is a fun, seat-of-your-pants approach to creative writing. On Friday, Nov. 1, participants begin working towards the goal of writing a 50,000-word novel by 11:59 p.m. Saturday, Nov. 30. Valuing enthusiasm, determination, and a deadline, NaNoWriMo is for anyone who has ever thought about writing a novel. Come write-in with us! Join librarian, Danielle, and your local municipal liaison for an afternoon of literary inspiration. Check our online calendar at bit.ly/MPLRegisterNOV2019 for multiple write-in events during November. Writers of all ages welcome. Writers age 12 and under must be accompanied by an adult. For more information about NaNoWriMo visit nanowrimo.org/

Massachusetts Library Networks are collaborating to bring you LEA, a new and innovative way to gain access to more eBooks and audiobooks. Powered by Overdrive, LEA makes it possible for you to search for eContent in all networks regardless of your home library.

With LEA, you can access eBooks, audiobooks, and more from libraries across the Commonwealth using your phone, tablet, or eReader. There are 345 partnering libraries with an estimated collection of over 350,000 eBooks and audiobooks! Using it is easy:

1. Install the Libby app from your device's app store.

2. Open the app and follow the prompts to find your library and sign in with a valid library card.

3. Browse your library's collection and borrow a title.

4. Don't see the title you're looking for in your library's collection? Use your library card to sign in to another Library Network and find it there.

Use these instructions for tablets, smartphones, Chromebooks, and devices running Android 4.4 or higher, iOS 9 or higher, Windows 10.

For nook Color and Kindle Fire, please use the OverDrive app.

LEA is brought to you by the Massachusetts Automated Library Networks, the Massachusetts Board of Library Commissioners, the Massachusetts Library System and your local library; funded in part by the federal Institute of Museum and Library Services.
Welcome to National Novel Writing Month (Nanowrimo) at the Marlborough Public Library!

(Find details of the monthlong Nanowrimo competition on page 5 of this newsletter).

Adults are welcome to attend two Write-In sessions at the library this month. Join your fellow writers and our friendly reference librarian for an afternoon of inspiration, despair, and commiseration on Sundays, Nov. 10 and 17 from 2-4 p.m. Writers of all ages are also welcome. Those age 12 and under must be accompanied by a caregiver. No registration is required.

Adult Events

Crafter Dark
Monday, Nov. 4 from 6:30-8 p.m.
Join us to make bird-themed coasters using wood disks, cork, and illustrations from John James Audubon’s *The Birds of America*. This event is for ages 18 and over. Registration is required.

Going to Extremes
Tuesday, Nov. 12 from 6:30-8 p.m.
Join award-winning author, Peter Mandel, for a slideshow presentation of his most extreme travel experiences—surviving a coup in Ecuador, visiting a ‘city’ of penguins at the South Pole, fishing for piranha on Brazil’s Rio Negro, floating in the Goodyear Blimp, sailing on an Arctic icebreaker, camping in the African bush, and kayaking to the Statue of Liberty. He will also talk about how adventure travel turns to prose in today’s media. No registration required.
Another Adult Book Suggestion

Two Steps Forward : A Novel
By Graeme Simsion and Anne Buist

In 2017 Graeme Simsion (of “Rosie” books fame) and Anne Buist published Two Steps Forward and last week I finally got around to reading it. I don’t know why I waited so long—originally the subject matter did not interest me but I picked it up as I had loved his other books. And I LOVED it. It is about two “pilgrims” walking the Camino de Santiago and the people they meet and the experiences they have—as well as navigating their bond with each other. Over 2000 miles they walk and learn about France, Spain, about their relationship, and most important about themselves. The reader sometimes feels as if he or she is walking right along with them and experiencing the discomforts, aches and pains, and the exhilaration of the trek. A perfect ending in the epilogue makes the whole text so satisfying.

If you want to augment your reading of the book, watch “The Way” starring Martin Sheen and Emilio Estevez. There is a reference in the book to this movie (available at MPL) and it is excellent for a good cathartic cry. I’m not a movie critic, but I thought it was excellent!

-Diane, Reference Librarian

Adult Services

To sign up for any event that requires registration, go to bit.ly/MPLRegisterNOV2019 or call (508) 624-6900.

More Adult Events

Meditation for Healthy Living
Saturday, Nov. 16 from 10:30 a.m.-noon.
Discover a simple meditation technique that can melt away stress and be a powerful addition to a healthy living regimen. Join Dr. Matthew Raider, who has been meditating for over 30 years, for this engaging and powerful workshop. There will be a meditation sitting as well! For more details about this session and Dr. Raider, go to this event on the MPL calendar at bit.ly/MPLRegisterNOV2019.
No registration Required.

Book Clubs

Adult Book Club
Join us Monday, Nov. 18, from 6:30-8 p.m. or Thursday, Nov. 21, from 10:30 a.m.-noon for Adult Book Club. This month we will discuss The Library Book by Susan Orlean. Extra copies are available at the circulation desk. Learn more about the Adult Book Club on our website at bit.ly/MPLAdultBookClub.

NEW! Cookbook Club
Join us Tuesday, Nov. 19, from 6:30 to 8 p.m. for a new MPL book club focusing on popular cookbooks. Our first selection is Salt, Fat, Acid, Heat: Mastering the Elements of Good Cooking by Samin Nosrat. Copies are available at the circulation desk. If you feel inspired, you can sign up to make a recipe from the title of the month and bring it to share with your fellow food lovers while we discuss the book. For more information about the Cookbook Club visit bit.ly/MPLCookbookClub.
To sign up for any event that requires registration, go to http://bit.ly/MPLRegisterNOV2019 or call (508) 624-6900.

More Adult Book Clubs

Forever Young Adult
Wednesday, Nov. 20, from 6:30-7:30 p.m.
Join our book club for adults who read YA books. Teens are welcome, too! November’s book is Darius the Great Is Not Okay by Adib Khorram. Copies of this month’s book are available at the circulation desk.

Science Book Club
Monday, Nov. 25, from 6:30-8 p.m.
Read a book about a topic in science! No previous experience in the subject necessary; come to learn something new or to share your expertise!

This month we are reading The Rise and Fall of the Dinosaurs: A New History of the Lost World by Steve Brusatte. This narrative scientific history covers the dinosaurs' humble beginnings in the Triassic, their heyday in the Jurassic and Cretaceous, and their eventual demise (except for the proto-birds!) by asteroid at the end of the Cretaceous. This club is open to ages 18 and over. Copies of this month's book are available at the circulation desk.

Another Adult Book Suggestion

Meet Me in Monaco: A novel of Grace Kelly’s Royal Wedding
By Hazel Gaynor and Heather Webb

There are certain iconic women who will live in hearts and minds forever and Princess Grace of Monaco is one of them. Before she was a princess, Grace Kelly was an adored actress and this is the story of the impact she had on a perfumer and a news photographer. As much as the book deals with the wedding of Grace and Rainier, it is a parallel account of two people brought together through a chance meeting and their love story. Readers of a "certain age" cannot not help but be brought to tears by the death of Princess Grace—that is the problem with historical fiction—the facts cannot be changed. But after the sadness there is a terrific ending (although it can be guessed, it nevertheless will bring a smile). This is a book that can be read in one sitting, which is good as it would be very hard to put down.

-Diane, Reference Librarian
**Teen Events for Grades 6-12**

**Share your Creativity**
Join the Window Artists
Monday, Nov. 4 from 3-5 p.m. and paint happy harvest designs on the Children's Room windows. You can brighten up the library while earning volunteer hours for school. Please pre-register to reserve a window.

**Come to Lazy Crafternoon**
Tuesday, Nov. 12 from 3-4:30 p.m. and make cute pinecone animals to decorate your Thanksgiving table, to give as a gift, or just for fun. If you need volunteer hours for school, you can make animals for the library's home delivery program. Please pre-register.

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**Rules For Vanishing**
By Kate Alice Marshall

Once a year, the path appears in the forest and Lucy Gallows beckons. Who is brave enough to find her—and who won't make it out of the woods?

It's been exactly one year since Sara's sister, Becca, disappeared, and Sara knows she's trapped on Lucy's road. Soon Sara finds herself deep in the darkness of the forest, her friends—and their cameras—following her down the path. Together, they will have to draw on all of their strengths to survive. The road is rarely forgiving, and no one will be the same on the other side.

**YA Book Suggestion**

*Rules For Vanishing*
By Kate Alice Marshall

Once a year, the path appears in the forest and Lucy Gallows beckons. Who is brave enough to find her—and who won't make it out of the woods?

It's been exactly one year since Sara's sister, Becca, disappeared, and Sara knows she's trapped on Lucy's road. Soon Sara finds herself deep in the darkness of the forest, her friends—and their cameras—following her down the path. Together, they will have to draw on all of their strengths to survive. The road is rarely forgiving, and no one will be the same on the other side.
More Teen Events for grades 6-12

Gather Around the Table

Come to Hot Cocoa Cafe Wednesday, Nov. 6 from 3-5 p.m. or Thursday, Nov. 21 from 6-8 p.m.
We'll hang out in the cozy Teen Room doing homework and sipping cocoa. You can also use our button-maker to create some custom pins for your backpack. No registration is required.

Are you thankful for books? Join us at Reading at the Table Thursday, Nov. 14 from 6-7 p.m. We'll share book recommendations and enjoy a mini Thanksgiving feast together. The Teen Librarian will also share some brand new YA books before they hit the shelves. Please pre-register to help us plan for food.

More Events

Aspiring writers can come to the Teen Write-In Thursday, Nov. 7 from 6-7 p.m. We'll have soothing music, cocoa, and snacks, as well as writing prompts in case you get stuck. This is a great way to jumpstart your NaNoWriMo goals (National Novel Writing Month)! Registration appreciated, but not required.

Attention, otaku! Join the Manga & Anime Club Tuesday, Nov. 19 from 3:30-4:30 p.m. Watch and talk about anime, make recs for the library’s manga collection, and hang out with fellow fans. Discuss old favorites and discover something new. There will be snacks! Registration appreciated but not required.

Forever Young Adult is our book club for adults who like to read YA books. Teens are welcome too! The next meeting is Wednesday, Nov. 20 from 6:30-7:30 p.m.

To register for events or to view regularly scheduled monthly teen programs, go to bit.ly/MPLRegisterNOV2019 or call 508-624-6903.
Thankful for YOU!

We are taking a break for the last week of November, but remember that the Teen Room is always open during library hours.

Thank you for all of the kind, funny and creative teens who make our job so fun. Thank you for your manga expertise, your artwork, your passionate book opinions, and, most of all, for showing up at library events. Your support means that we can do bigger and better things every year. Happy Thanksgiving!

To register for events or to view regularly scheduled monthly teen programs, go to bit.ly/MPLRegisterNOV2019 or call 508-624-6903.

Grand Theft Horse
By G. Neri
Illustrated by Corban Wilkin

This graphic novel is based on true events. Gail Ruffu was a rookie trainer known for her unconventional methods and ability to handle dangerous horses. When she became part owner of an untamed thoroughbred named Urgent Envoy, everything changed. After Urgent Envoy showed real promise, her co-owners forced Gail to speed up training and race him too early, causing the horse to develop a hairline fracture. Refusing to drug the horse to keep it running, Gail lost Urgent Envoy to her partners, who pushed the horse even harder. One more race would kill him. When nobody heeded her warnings, Gail had to act. So on Christmas Eve, she rescued her own horse. A modern-day outlaw, Gail evaded private investigators and refused to give the horse up. Blacklisted by the racing world, she learned the law at night to take on a powerful L.A. attorney determined to crush her in court. As she stood up for the humane treatment of racehorses, she also faced down the system that caused their demise.
November is here and the Children's Room has all kinds of fun programs on a weekly basis.

On Friday, Nov. 1 at 9:30 a.m., join us for a special Preschool Development Play and Learn Event with the Barrett Family Wellness Center. You and your preschooler are invited to participate in fun and engaging sensory stations, known to stimulate both language and play.

During the event, you'll have the opportunity to chat with a pediatric speech and occupational therapist to gain insight into your child's development and learn about what milestones to expect. This event is for children, ages 2.5-5, with a caregiver. No registration is required.

Come join us for Monday Math Exploration with Ms. Kate. In this 3-week math series, that is being held Nov. 4, 18 and 25 at 4:30 p.m., children learn how to use a variety of math tools, math manipulatives, and math games to explore a variety of mathematical concepts. Registration is required, and is for all three weeks (grades 4 & 5).

Dublin is here every Wednesday at 6:30 p.m. (except Nov. 27) to listen to kiddos read. If you haven't met our friendly golden retriever, who loves books and readers then stop by, pick a book and make friends with Dublin.
Another Children's Book Suggestion

Chapter Book

Punter's Pride
By Jake Maddox

Nolan is the highly skilled punter of his school team, but he is less sure about taking over another position when their quarterback goes down—especially since he is also running for class president, and his competition for election is Tony, a linebacker on the team who is constantly belittling punters.

More Children’s Events:
No registration is required for any of the events below except the Hooked on Books Book Club.

If you're looking for activities, where your little ones can sing and dance then join us for Kiddie Time Song and Dance with Joe and Stephanie Thursday, Nov. 7 from 10-11 a.m. This program is perfect for toddlers and preschoolers, but younger siblings are welcome as well!

Ms. Mandy will be here Tuesday, Nov. 12 at 11 a.m. for Preschool Yoga.

Come join us in the Bigelow Auditorium for terrific fun Fridays, Nov. 1 and 15 at Dance Me a Story. This program introduces literature to young children through movement, music, and imagination (ages 2-6 with a caregiver).

On Thursday, Nov. 14 and 21 at 10 a.m., join us for STEAM Storytime. We'll listen to stories, try a hands-on activity, and craft. Each week we'll explore a new STEAM-related topic (ages 3-6 with a caregiver).

Is your child an avid reader? We have a book club called Hooked on Books for intermediate readers. At this book club, we explore a different genre or format each month. For November we'll delve into historical fiction, with I Survived: The Sinking of the Titanic, 1912, by Lauren Tarshis. Pick up a copy of this month’s selection at the Children’s Desk and register, then join Ms. Kerry for a book talk, snack, and fun activity Tuesday, Nov. 26 at 4:30 p.m. (grades 2-5).