Marlborough Public Library Newsletter

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MPL

March 2019

Online resource for job seekers

(and those thinking about a career change):



Are you looking for a job, or thinking about changing careers? Simply use your Marlborough Public Library card to create a free account with **Gale's Career Transitions**, and you'll have instant support for finding job openings, creating resumes, writing cover letters, applying for positions and more.

Gale's Career Transitions also offers interactive interview practice, assists with career exploration and guides you to discover new opportunities based on work or military experience. You can explore growing career paths, including green and new economy jobs, plus find education and training options.

To set up an account:

- 1. Go to www.marlboroughpubliclibrary.org.
- 2. Scroll down to featured services, and click on "Reference & Research."
- 3. Scroll down to and click on the **Reference Databases** link.
- 4. Click on "Career" in the left-side menu.
- 5. Click on "Career Transitions," and click on "create an account" at the top of the screen.

If you need assistance getting your Gale Career Transitions account set up, contact our reference department at **(508) 624-6992.** If you need a Marlborough Public Library card, you can get one at our circulation desk with a valid picture ID and proof of your current address.

Friends of the Marlborough Public Library Events

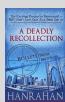
Author Series - David Hanrahan:

A Deadly Recollection and Downsized

Wednesday, March 27 from 7-8 p.m.

Join us for a captivating evening presentation featuring local author David Hanrahan!





Museum Pass News

The **Boston Children's Museum** is moving forward with new technology that allows us to provide you with electronic coupons for visits to this popular museum.



Starting Friday, March 1, library patrons who reserve a pass for the Boston Children's Museum will receive an e-ticket as part of their reservation confirmation. You can show the e-ticket on your phone, or you can print it out at home. The Museum will accept the e-ticket either way. Each individual electronic ticket has a tracking number and is valid only for the date listed. The Children's Museum pass admits up to 4 (adults or children) at half price per person.

Questions? Call us at 508-624-6900 or email Annie Glater at aglater@cwmars.org.

From the Director

The Library is Good for Your Health





Even in a time when we are more connected than ever through Facebook, Instagram, Snapchat, Twitter and other social media, loneliness is growing among all segments of society. Research published by the American Psychological Association reveals that loneliness can affect your health and wellbeing in significant ways. While much of the research focuses on older people, loneliness can affect all ages, including children and teens.

Libraries help build community and in doing so are combatting loneliness. Libraries help meet the need for residents to come together for many different reasons. Sometimes it is to participate in a program and other times it is simply to use the space to read, knit, or write. Community interaction is important, but so is being among community in a space that allows you to be with people, but not have to make conversation.

As we begin work on a new design for the renovation and addition project for Marlborough's library, community spaces are essential. Space for children to play and learn and space for parent interactions; safe space for teens to be by themselves, work in a small group, or help plan their next program; and space for adults to maintain their wellbeing through reading and other activities that engage the mind and promote healthy brains. In the meantime check out our calendar of events that make the best use of our current space to combat isolation and promote community.

February School Vacation Fun!

Rockabye Beats Concert



Graphic Novel Drawing Workshop with Mark Parisi

MPL Trustees Scholarship:

Application deadline Wednesday, March 27, 2019

Are you a Marlborough resident graduating from high school this year?

Take advantage of this scholarship opportunity from the Marlborough Public Library Trustees.

Please return the MPL Trustees Scholarship Form and your completed essay to the College & Career Center at Marlborough High School or the Marlborough Public Library no later than March 27, 2019.

Qualifications

- 1. Resident of Marlborough.
- 2. Graduating from high school or completing an equivalent program.
- 3. Accepted at an accredited two or four year institution of higher learning.
- 4. Must have a valid Marlborough Public Library (CWMARS) card in good standing (There is still time to apply for a library card. We will not accept your parent's card. Call the library to make sure your card is still active if you already have one and have not used it recently).

To print the application form and find out the requirements, visit bit.ly/MPLTrusteeScholarshipForm2019



Hello! Come join us!

¡Hola! Ven y únete a nosotros Spanish Conversation Circles

Mondays at 6 p.m.



Come speak Spanish in a comfortable, stress-free setting. No testing, no fee, no homework. Just drop in and talk.

English Conversation Circle Leaders Wanted!

If you enjoy meeting people from other cultures and countries, please consider leading an English Conversation Circle. No teaching experience is required, all you need to do is direct the conversation and make sure everyone speaks. If you are interested, please contact Miriam Achenbach, Outreach Librarian, at 508-624-6900 or machenbach@cwmars.org.

English Conversation Circles

English Conversation Circles offer an opportunity for English Language Learners to speak in a relaxed atmosphere.

No Registration Required



March English Conversation Circles

Mondays: 1 p.m.
Tuesdays: 10 a.m.
Wednesdays: 1 p.m.
Fridays: 1 p.m.
Saturdays: 10 a.m.

Please check our calendar of events at http://bit.ly/EnglishCircles for meeting cancellations

Portuguese Conversation Circles

Do you have a lot of students from Brazil?
Do your customers speak Portuguese? Are you in love with someone from Belo Horizonte?

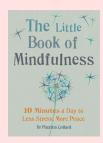
Well, now is your chance to practice speaking Portuguese!

Two non-native speakers who have lived in Brazil will lead these Portuguese speaking circles. This is a stress-free chance to talk with other learners.

There is **no fee**, no registration, no homework. Just drop in and talk! Wednesdays from 5:30-6:30 through June 5.

For more information, please contact Miriam Achenbach, Outreach Librarian at 508-624-6992.

Adult Book Suggestions



The Little Book of Mindfulness : 10 minutes a Day to Less Stress, More Peace

By Dr. Patrizia Collard

Mindfulness is the easy way to gently let go of stress and be in the moment. It has fast become the slow way to manage the modern world - without chanting mantras or finding hours of special time to meditate. Bring these simple 5-and 10-minute practices into your day to find freedom from stress and ultimately, more peace in your life.



How to Invent Everything : A Survival Guide for the Stranded Time Traveler

By Ryan North

A history of the key technologies that made each stage of human civilization possible details the science, engineering, mathematics, art, music, philosophy, facts and figures required for even the most clueless time traveler to build a civilization.

To sign up for any event that requires registration go to bit.ly/MPLRegisterMARCH2019 or call (508) 624-6900

Events Identity Theft Seminar

Tuesday, March 5 from 6:30-8 p.m. As a part of our financial literacy series we will be discussing identity theft with instructors from TD Bank. What is Identity Theft? How can you protect against Identity Theft? What do you need to do if your identity has been stolen? Learn



the answers to all of these questions and more.

Intro to Libby - Read an e-Book!

Monday, March 11 from 6-8 p.m.

Celebrate Read an E-book Week!

Learn how to borrow and read
e-books from the library using an iPad. If you do not have your own iPad, one will be provided.



To ensure that you will be able to fully participate, please bring a valid library card. You will not be able to check out e-books without a library card. You can apply for a card or renew your existing card at the circulation desk with a valid photo ID and proof of address.

This class is for ages 18 and over. Please register as space is limited.

More Adult Book Suggestions



Humans of New York, StoriesBy Brandon Stanton

A follow-up to the best-selling Humans of New York shares the frank and intimate human stories of some of the individuals depicted in the author's acclaimed photographic census.



How Long 'Til Black Future Month?

By N. K. Jemisin

Offers a collection of the author's short fiction, including "The City Born Great," where a young street kid fights to give birth to an old metropolis's soul.

Adult Services \$\mathbb{P}\$

To sign up for any event that requires registration go to http://bit.ly/MPLRegisterMARCH2019 or call (508) 624-6900

More Events

Adult Book Club

Join us Monday, March 18 from 6:30-8 p.m. or Thursday, March 21 from 10:30 a.m.-noon for Book Club. This month we will discuss How to Walk Away: A Novel by Katherine Center. Extra copies are available at the circulation desk.



Learn more about the Book Club on our website at https://www.marlborough-ma.gov/marlborough-public-library/adults/pages/adult-book-club

Crafter Dark - Hand-lettering: Tengwar

Monday, March 18 from 6:30-8 p.m.



Hand-lettering is a fun and easy skill that can be used for many different projects. For the nerds among us, hand-lettering can be used to show off our love for fictional languages.

Come learn the basics of writing in **Tengwar**, the Elvish script from the popular book and movie series, *The Lord of the Rings*. The skills learned in this class can be applied to other fictional alphabets and even real alphabets. And if you love the *Lord of the Rings*, be sure to sign up for our screening of *The Return of the King Monday*, *March 25!*

This class is for ages 18 and over. Please register as space is limited.

More Adult Book Suggestions



Luminous Creatures: The History and Science of Light Production in Living Organisms

By Michel Anctil

How a striking phenomenon people have observed for millennia became a field of scientific inquiry and revolutionized molecular biology and medical research.



The Gown: A Novel of the Royal Wedding

By Jennifer Robson

A story about two seamstresses in post WWII London does not sound too exciting, and if you like "rock 'em, sock 'em" this will not be the book for you. But if you like gentle romance, gentle mystery and a quiet plot with a wonderful ending, The Gown is the book for you. It is the story of one woman in 1947, one woman in 2016, and one other woman that spans both stories in both times. The plot in 1947 revolves around Princess Elizabeth's royal wedding and concludes in a romance in 2016. Pick a quiet day to snuggle in a chair, listening to the Masterpiece Theatre theme, and you won't be able to put The Gown down!!

-Diane, Reference Librarian

To sign up for any event that requires registration go to http://bit.ly/MPLRegisterMARCH2019 or call (508) 624-6900

More Adult Events

Movie Night - The Return of the King

Monday, March 25 from 5:30-8 p.m.

Happy Gondorian New Year! March 25 is celebrated by Lord of the Rings fans around the world as the day that the ring of power was destroyed by Frodo in Mount Doom. Come celebrate with us and watch the last movie in the series, The Return of the King. This movie is rated PG-13.

Registration is preferred, but drop-ins are welcome.

Abigail Whitney Invites You for Tea

Sponsored by the Friends of the Marlborough Public Library Tuesday, March 26 from 6:30-8 p.m.



Join Abigail in an afternoon of tea and colonial conversation.
Learn about when tea was discovered and why it was so important on an economical, political, and social level in 18th

century New England. This program will conclude with a cup of tea and a sweet. Registration is required.

Sneak Preview of upcoming April Event

home. Registration required.

Join us Tuesday, April 9 at 6:30 p.m. for an evening of organization ideas and strategies based on Marie Kondo's popular book and Netflix show-The Life Changing Magic of Tidying Up! Whether you are an emptynester or a growing family this program will help you reduce clutter. Certified KonMari Consultant Cristin Condon will help you discover how to spark joy in your

Young Adult Book Suggestions:



I Want to Eat Your Pancreas

By Yoru Sumino Illustrated by Idumi Kirihara

In this deeply moving first-person manga, an introverted high school boy finds his classmate's diary--and learns her biggest secret. Yamauchi Sakura is dying from a pancreatic disease and now he is the only one person outside her family to know the truth. The last thing the boy wants is to be her friend, but Sakura's cheerful demeanor and their shared secret draw them together in this heartrending tale of friendship and mortality.



Internment By Samira Ahmed

Set in a horrifying near-future United States, seventeen-year-old Layla Amin and her parents are forced into an internment camp for Muslim American citizens.

With the help of newly made friends also trapped within the internment camp, her boyfriend on the outside, and an unexpected alliance, Layla begins a journey to fight for freedom, leading a revolution against the internment camp's director and his guards.

Young Adult \$\\\^2

To sign up for any event that requires registration or to view all events, go to http://bit.ly/MPLRegisterMARCH2019 or call 508-624-6903.

Teen Events

Lifeskills 101: Financial Literacy

Our **Lifeskills 101** series starts in March with two financial literacy programs from **TD Bank WOW!Zone.**



Join us for **Savvy Shopping** Wednesday, March 6 from 4-4:45 p.m. and learn how to make smart shopping choices and make the most of the money you spend. Intended for grades 6-8. *Please pre-register*.

Understanding Credit on Wednesday, March 20 from 4:00-4:45 p.m. is intended for grades 9-12. Learn about borrowing money (credit), maintaining a good credit score, and evaluating those credit card offers you get in the mail. *Please pre-register*.

Crafts, crafts, crafts



Join us Thursday, March 7 from 3:30-5p.m. for a repeat Lazy Crafternoon. Here's another chance to make a classic library craft, Book Hedgehogs.

We'll make good use of old manga books with broken spines. This project is simple, but requires lots of folding and patience. Open to teens in grades 6-12. *Please pre-register*.

More Young Adult Book Suggestions



Bone HollowBy Kim Ventrella

Gabe was on top of his guardian's roof, trying to rescue her prize chicken and worrying about his dog, Ollie, when the tornado struck, and after that he was dead, though it takes some time for him to realize it; but somehow he is still tied to this world and generally only those who are close to death can actually see him (although there is a bit of a panic when he shows up at his own funeral)--and in that he discovers his new mission in "life:" helping others before they cross over into the light.



Fifteen and ChangeBy Max Howard

Zeke would love to be invisible. His mother is struggling to make ends meet and stuck with a nogood boyfriend. Zeke knows he and his mom will be stuck forever if he doesn't find some money fast. When Zeke starts working at a local pizza place, he meets labor activists who want to give him a voice--and the living wage he deserves for his work. Zeke has to decide between living the quiet life he's

carved for himself and raising

his voice for justice.

Young Adult 4

More Teen Events open to grades 6-12

More crafts, crafts, crafts

Make cute plush treats at another Lazy Crafternoon Tuesday, March 12 from 3:30-4:30 p.m. They make great decorations, keychains, or squishy stress toys. Make a colorful pop tart pillow with some simple sewing, or a no-sew donut out of a sock. All supplies will be provided, but feel free to bring (clean) colorful socks that you'd like to repurpose. Please pre-register.



Come to yet another Lazy Crafternoon Friday, March 29 from 3:30-4:30 p.m. Use artificial flowers to make a long-lasting DIY flower crown and/or woven friendship bracelets to get ready for the warmer weather. Please pre-register.

For Readers & Writers

Our casual book discussion group, **Reading at the Table**, will meet *Thursday*, *March 14 from 6-7p.m*. Share your book reviews, get recommendations for what to read next, and enjoy some dinner while we chat (pizza!). The Teen Librarian will also share some brand new YA titles before they hit the library shelves. *Please pre-register*.



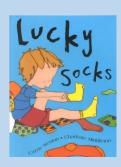
Come to the next meeting of the Manga and Anime Club Tuesday, March 19 from 3:30-4:30 p.m. Watch and talk about anime, do anime/manga themed activities, and hang out with fellow fans. Discuss old favorites and discover something new. There will be snacks! Registration appreciated but not required.

Aspiring teen writers are invited to our monthly **Teen Write-In** Thursday, March 21 from 6-7:30 p.m. We'll have soothing music, cocoa, and snacks to feed you and your inspiration, as well as writing prompts in case you get stuck. Registration is not required, but feel free to sign up if you'd like a reminder email.

To register for events or to view regularly scheduled monthly teen programs, go to http://bit.ly/MPLRegisterMARCH2019 or call 508-624-6903.

Children's Book Suggestions

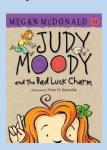
Picture Book



Lucky SocksBy Carrie Weston

Knowing that terrible things happen to him when he does not wear his lucky yellow socks, Kevin despairs when he cannot find them, but then he is surprised by what happens.

Early Reader/



Judy Moody and the Bad Luck Charm

By Megan McDonald

The lucky penny in Judy
Moody's pocket sure does
seem to be working. She
can't stop winning at
bowling, spelling, the
unbeatable Prize Claw,
everything! For sure and
absolute positive, she'll ride
that wave of good fortune
all the way to Washington,
D.C.

Children's



To view all children's activities, or to sign up online for any event that requires registration go to

http://bit.ly/MPLRegisterMARCH2019 or call 508-624-6902.

Spring is nearly here and we have all kinds of fun activities in the Children's Room!

Have you tried one of these storytime sessions, yet?

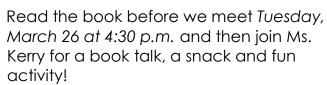


Mother Goose on the Loose
Tuesday mornings at 10 a.m.,
Portuguese Storytime Thursday
mornings at 11 a.m. and
PJ Storytime in the evening
Tuesday, March 12 at 6:30 p.m.



Why not join one of our book clubs?

Hooked on Books features a different genre each month, and this month we will be reading the mystery, Who Cloned the President by Ron Roy.





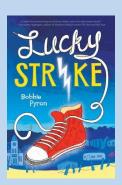
If you like graphic novels, join our **Panels & Pages** club Saturday, March 23 at 11 a.m.



This month we will be reading Ms. Marvel Vol. 1 by G. Willow Wilson and Adrian Alphona. (Best for advanced readers in grades 4 and up). Please pre-register.

Another Children's Book Suggestion

Chapter Book



Lucky StrikeBy Bobbie Pyron

Nathaniel Harlow lives with his grandfather in a trailer park in Franklin County, Florida, and he has always been unlucky--but when he is struck by lightning on his eleventh birthday and survives, it seems like his luck starts to change.

Children's



To view all children's activities, or to sign up online for any event that requires registration go to

http://bit.ly/MPLRegisterMARCH2019 or call 508-624-6902.

More Children's Events

If you like arts & crafts, we have lots of opportunities for you to express your creative side.

You can sign up to attend these fun programs!

Craft Corner Wednesday, March 13 at 4 p.m. Join us for a fun afterschool craft! (grades 3-5) Please pre-register.



Art Club Thursday, March 14 at 4 p.m. Make a fuzzy felt ball from wool fiber!

Krafty Kids Wednesday, March 27 at 10 a.m.



Enjoy a fun drop-in craft with Ms.

Krafty Tricia! (ages 3 and over, with a Kids caregiver).

At the end of the month, Friday, March 29 at 10 a.m., we'll also have a "Clean Out the Closet" drop-In craft, where you'll be able to raid our craft supplies and make anything you want.



Don't forget to also stop by and visit Spike's new friend Carrigain. She's a certified therapy/reading dog, who will be here Saturday, March 16 from 11-1 p.m.

