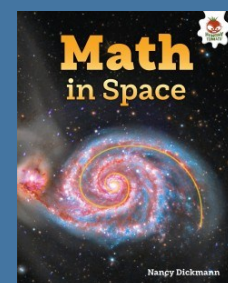
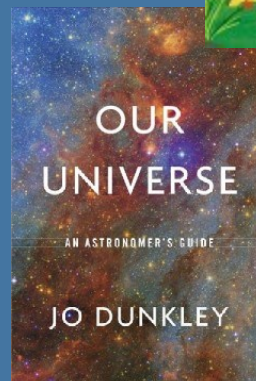
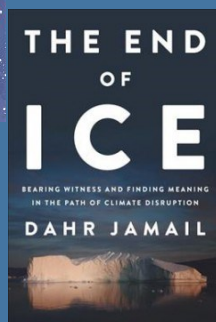
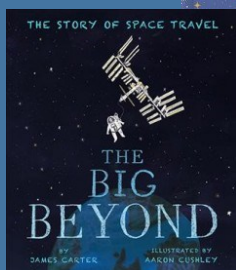
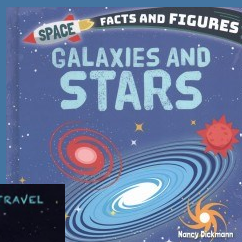
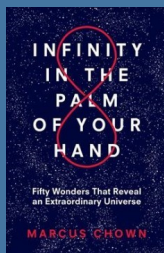
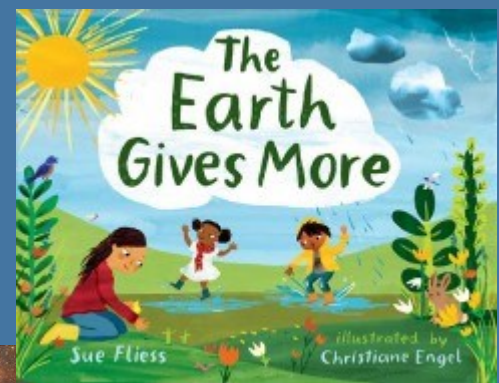
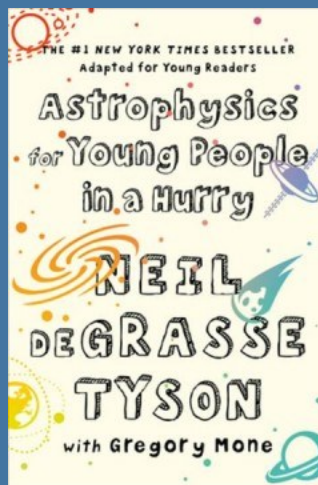
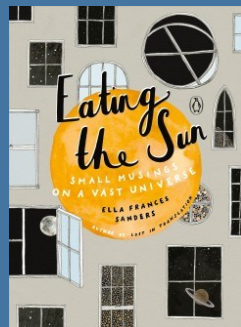
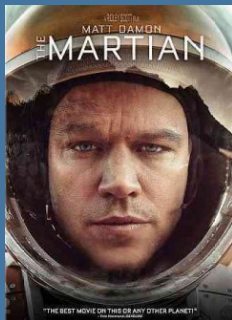
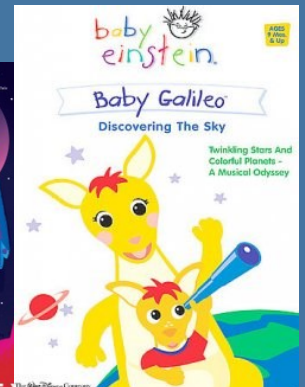
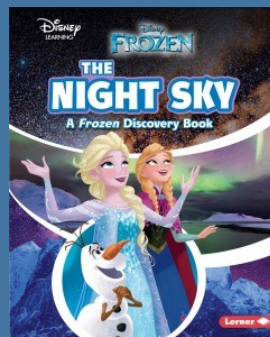
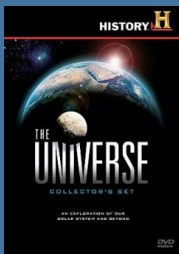


# August 2019

## The Summer Reading Program, "A Universe of Stories," continues at the library in August.

Don't miss your chance to win great prizes and attend fun, educational cosmic events! Look inside for further details on the adult, teen and kids

Summer Reading happenings!



## Summer Hours

The Marlborough Public Library  
will be **CLOSED**  
SUNDAYS through Sept. 1



## Teen Summer Fun at the Library!



## Eyes on the Prize



Delaney has fun with her new mini stuffed animals that she earned for summer reading hours while she waits for her brother, Camden, to select his prize from the book cart.

## From the Director

If you need more evidence that the library is good for your health, a recent *Washington Post* article provides it. "Doing these 5 Things Could Cut Your Risk of Alzheimer's by 60%," cites research that people who did not smoke, limited themselves to one glass of wine a day and regularly engaged in mentally stimulating activities like reading the newspaper, **visiting the library**, or playing games earned the highest points for healthy lifestyles.

One of the quoted researchers said, "My biggest takeaway is I encourage older people to consume more leafy green vegetables, replace red meat with poultry and avoid as much as possible fried food. Also, walk to the grocery store and **read books!**"

Research out of the National Institute of Health reinforces these findings: "A nutritious diet, physical activity, social engagement, and mentally stimulating pursuits have all been associated with helping people stay healthy as they age. These factors might also help reduce the risk of cognitive decline and Alzheimer's disease."

The Library is a place where people socially engage and are mentally stimulated through access to reading, viewing and listening materials, programs and community events. Our expanded library space will provide more room for all these activities and much more. A central component of the design will be a variety of community spaces. We are currently working with the Library Building Committee and library staff on the design and will be holding public information sessions to gather public input.

As more of us address our aging process and strive to remain physically and mentally healthy the library will play an increasingly important role in our well-being.



## Need a Hand?

Access the MPL Social Service/  
Community Resource Directory at  
[bit.ly/MPLResourceDirectory2019](http://bit.ly/MPLResourceDirectory2019)

### English Conversation Circles

English Conversation Circles offer an opportunity for English Language Learners to speak in a relaxed atmosphere.

**No Registration Required**



### August English Conversation Circles

**Tuesdays: 10 a.m.**

**Please check our calendar of events at  
[bit.ly/EnglishCircles](http://bit.ly/EnglishCircles)  
for meeting cancellations.**

**The fall schedule will be posted in the  
September newsletter**

### Wanted!



### English Conversation Circle Leaders

If you enjoy meeting people from other cultures and countries, please consider leading an English Conversation Circle.

No teaching experience is required, all you need to do is direct the conversation and make sure everyone speaks.

If you are interested, please contact  
Miriam Achenbach, Outreach Librarian,  
at 508-624-6900 or  
[machenbach@cwmars.org](mailto:machenbach@cwmars.org).



## Special Program for Tweens

### Tween Arts Exploration



The grand finale of our **Tween Arts Exploration** series is the reception *Thursday, Aug. 22 from 5:30-7 p.m.* Join us for an exhibit of some of the artwork from our Tween Arts Exploration Summer Series. Browse the artwork, contribute to a commemorative group canvas, and enjoy some light refreshments. *No registration required.* All are welcome to drop in!

***This event is part of our Tween Arts Exploration Summer Series, a special initiative just for ages 8-13. This series is brought to you with federal funds provided by the Institute of Museum and Library Services and administered by the Massachusetts Board of Library Commissioners.***



**Massachusetts Libraries**

BOARD OF LIBRARY COMMISSIONERS

## Not Quite Finished?

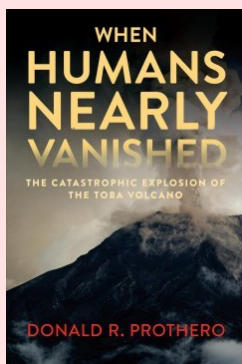
Don't worry, your library book will now automatically renew!



Library items that are eligible for renewal will be automatically renewed. If you have provided the library with your email address, a renewal status email will be sent to you on the date due. This applies to all renewable items within the CW MARS network.

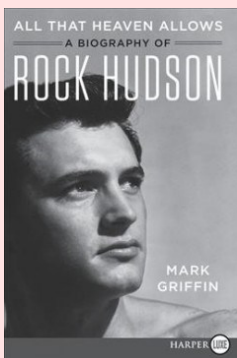


## Adult Book Suggestions



**When Humans Nearly Vanished:  
The Catastrophic Explosion of  
the Toba Volcano**  
By Donald R. Prothero

The true story of the explosion of the Mount Toba super volcano, the largest eruption in the past 28 million years, and its lasting impact on Earth and human evolution.



**All That Heaven Allows:  
A Biography of Rock Hudson**  
By Mark Griffin

Draws on private journals, personal correspondence, and interviews with co-stars, family members, and former companions to profile the deeply complex and widely misunderstood matinee idol of Hollywood's Golden Age.

# Adult Services

To sign up for any event that requires registration go to [bit.ly/MPLRegisterAUG2019](http://bit.ly/MPLRegisterAUG2019) or call (508) 624-6900

**The MPL Summer Reading  
Program continues until August  
17! Don't forget adults can  
participate too!**



For details about prize opportunities go to [bit.ly/MPLAdultSummerReading](http://bit.ly/MPLAdultSummerReading).

## Adult Events

### Board Game Night

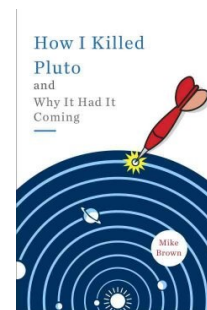
Monday, Aug. 5 from 6-8 p.m.

Come play a game from the library's selection of board games! Revisit classics like *Catan* or *Carcassonne*, or try something new like *Terraforming Mars*, *Unstable Unicorns*, or *5-Minute Dungeon*! This event is for ages 16 and over. No registration required.

### Adult Astronomy Book Club

Monday, Aug. 12 from 6:30-8 p.m.

Read a book about space science, and discuss things like robotic design, astrobiology, and why Pluto is no longer considered a planet. Open to all levels of science knowledge; come to learn something new or to share your expertise! This month we will be reading *How I Killed Pluto and Why It Had It Coming* by Mike Brown. Copies of this book are available at the circulation desk.



## NEW!

Due to the popularity of the summer Astronomy Book Club sessions, a new, ongoing Science Book Club will begin in September. Check the MPL online calendar or call (508) 624-6900 for further details

## Another Adult Book Suggestion



### ***Fifty Things that Aren't My Fault : Essays From the Grown-up Years*** By Cathy Guisewite

For all of us caught in that in between space that is mom to teenagers and daughter to elderly parents—this book is a testament that it can be done—maybe not always with grace, but with humor. The creator of the “Cathy” comic strip (Cathy Guisewite), in her retirement, has written the book, *Fifty Things That Aren't My Fault*. Every woman who has ever felt like a failure, inadequate, or overwhelmed should read this book. In a series of short essays she speaks for all women dealing with middle age and the responsibilities that come with it from those that are younger and those that are older. The big takeaway from this book is that “you are not alone” and Ms. Guisewite is the perfect companion!

**-Diane, Reference Librarian**

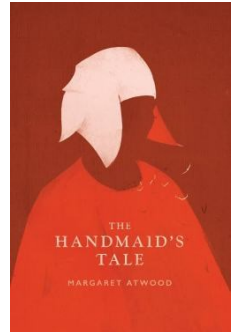
# Adult Services

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## More Adult Events

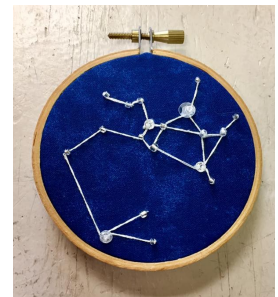
### Adult Book Club

Join us Monday, Aug. 19 from 6:30-8 p.m. or Thursday, Aug. 22 from 10:30 a.m.- noon for Book Club. This month we will discuss *The Handmaid's Tale* by Margaret Atwood. Extra copies are available at the circulation desk. Learn more about the Book Club on our website at [bit.ly/MPLAdultBookClub](http://bit.ly/MPLAdultBookClub).



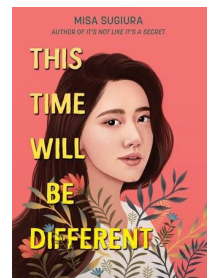
### Crafter Dark - Beaded Constellation

Monday, August 26 from 6:30-8 p.m. Learn how to decorate with beaded constellation art! This is a free-form class where you'll learn how to make a beaded constellation, and have the choice to make embroidery hoop wall art or your own handbound book! Registration opens Monday, Aug. 5.



### Forever Young Adult

Wednesday, August 28 from 6:30-7:30 p.m. Join our book club for adults who read YA books. Teens are welcome, too! This month's book is *This Time Will Be Different* by Misa Sugiura. Copies of this month's book are available at the Circulation Desk.





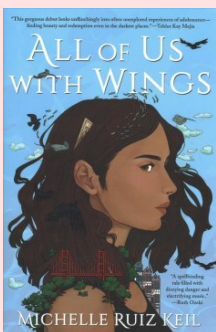
## YA Book Suggestions



### **This Was Our Pact**

By Ryan Andrews

Ben and his friends are determined to find out where the paper lanterns of the annual Autumn Equinox Festival go, so they follow the river as far as they can until the only followers left are Ben and Nathaniel.



### **All of Us With Wings**

By Michelle Ruiz Keil

Seventeen-year-old Xochi's life changed when she became governess to precocious twelve-year-old Pallas, but the duo unintentionally summons a pair of ancient creatures determined to right the wrongs of Xochi's adolescence.

# Young Adult

To sign up for any event that requires registration or to view all events, go to <http://bit.ly/MPLRegisterAUG2019> or call 508-624-6903.

## Teen Summer Reading ends August 17!

You have until *Saturday, Aug. 17* **to get your prize tickets into the Grand Prize Raffle drawings.** Every

time you check out using your library card or attend a library event, you get a prize ticket! You

can get two additional tickets per week if you complete a book review form. Marlborough High School students, submit your book review(s) by *August 17* to get school credit! Learn more at [bit.ly/TeenSummer2019](http://bit.ly/TeenSummer2019).

**The Grand Prize Raffle Winner** will be selected *Monday, August 19*. **Good luck and happy reading!**



## Arts & Crafts

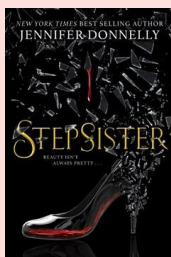
Learn to make **Marble Planet Pendants** *Thursday, Aug. 8 from 4:30-6:30 p.m.* Mandy from Wicked Good Henna will help you create a planet pendant using wires and pliers, and then create a unique strand on which to hang it, using leather cording, beads and wire, or macramé techniques.

Ages 13-18. Use of wire and pliers makes this program most appropriate for older teens. *Registration required.*



Did you take a trip this summer? Are you dreaming about a trip you took in the past? Use acrylic paint on canvas board to capture your travel memories into a keepsake to cherish at **Painting Your Travel Photos** *Tuesday, Aug. 13 from 2:30-4 p.m.* The instructor will take you through landscapes and seascapes throughout history and teach you how to paint a landscape or seascape in an impressionist style with color, light and texture. Please bring in your travel photos and an apron. For grades 6-12. *Space is limited, please register.*

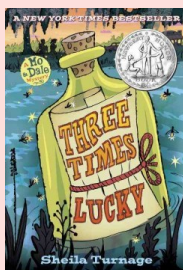
## More YA Book Suggestions



### **StepSister**

By Jennifer Donnelly

Isabelle should be blissfully happy – she's about to win the handsome prince. Except Isabelle isn't the beautiful girl who lost the glass slipper and captured the prince's heart. She's the ugly stepsister who's cut off her toes to fit into Cinderella's shoe... Isabelle has tried to fit in. To live up to her mother's expectations. To be like her stepsister. To be sweet. To be pretty. One by one, she has cut away pieces of herself in order to survive a world that doesn't appreciate a girl like her. And that has made her mean, jealous, and hollow.



### **Three Times Lucky**

By Sheila Turnage

Rising sixth grader Miss Moses LoBeau washed ashore in a hurricane eleven years ago, and she's been making waves in Tupelo Landing ever since. She's found a home with the Colonel, a café owner, and Miss Lana, the fabulous café hostess. She will protect those she loves with every bit of her strong will and tough attitude. So when a lawman comes to town asking about a murder, Mo and her best friend, Dale Earnhardt Johnson III, set out to uncover the truth in hopes of saving the only family Mo has ever known. **Highly recommended by MPL's teen book club.**

# Young Adult

## Teen Campfire Movie

Thursday, Aug. 15 from 5:30-7:30 p.m.

Well, not quite under the stars...lanterns, glow sticks, and fairy lights will create a cozy campfire atmosphere in the Bigelow Auditorium. We'll gather around the (fake) campfire, have pizza, and make s'mores while watching *Guardians of the Galaxy* (PG-13). Grades 6-12.

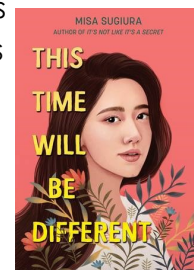
Please pre-register to help us plan for food.



## Book Clubs

Our regular teen book group, **Reading at the Table** becomes **Book Brunch** in the summertime! Share what you've been reading lately, get first dibs on new YA books, and enjoy some brunch treats. The next meeting of Book Brunch is Wednesday, Aug. 14 from 11 a.m.-noon. Grades 6-12. Please pre-register.

Join **Forever Young Adult**, our book club for adults who read YA books. Teen are welcome, too! August's meeting is Wednesday, Aug. 28 from 6:30-7:30 p.m. We will discuss *This Time Will Be Different* by Misa Sugiura. Get your copy at the circulation desk.



## Manga & Anime Club Movie

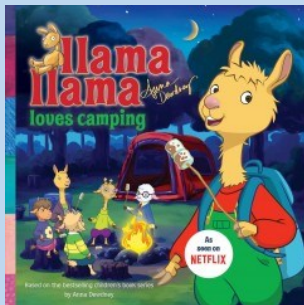
Cap off a space-themed summer with a movie about a comet that changes two young people's lives forever. Join us for pizza, Pocky, and the film, *Your Name* (PG) Wednesday, Aug. 21 from 5:30-7:30 p.m. Please pre-register to help us plan for food.

To register for events or to view regularly scheduled monthly teen programs, go to <http://bit.ly/MPLRegisterAUG2019> or call 508-624-6903.



## Children's Book Suggestions

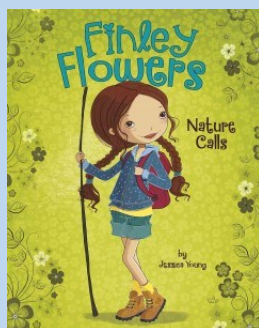
### Picture Book



#### **Llama Llama Loves Camping** By Anna Dewdney

Llama Llama goes camping for the very first time and learns a valuable lesson: what seems scary can actually be super-duper FUN!

### Beginner Reader



#### **Finley Flowers: Nature Calls** By Jessica Young

Finley and her friends are all heading to overnight camp, and Finley plans to prove to herself and her older brother that she is tough enough to get back to nature—but unfortunately her bunk mate is fussy Olivia.

# Children's



To view all children's activities or to sign up online for any event that requires registration, go to <http://bit.ly/MPLRegisterAUG2019> or call 508-624-6902.

### The Children's Room

is wrapping up our summer reading program this month. We have more **prizes** to give away, so **please keep on reading!**

You can collect prizes until *Saturday, Aug. 31.*

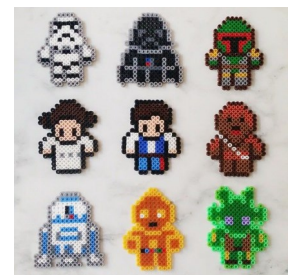


Marcos Valles of **Rockabye Beats** will be stopping by for a special performance *Tuesday, Aug. 6, at 10 a.m.* Little ones (ages birth to 7) and their caregivers are encouraged to dance and sing along to this fun, bilingual musical concert.



If you love *Star Wars* (and really, who doesn't?), then you'll be excited for our wonderful events:

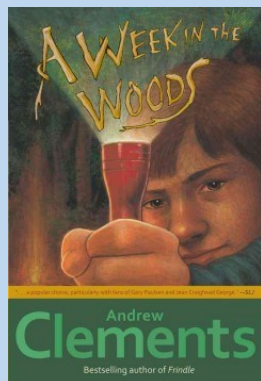
We will have a **Star Wars Celebration** *Thursday, Aug. 8, at 2 p.m.* We'll have three stations available for kids to create Perler bead keychains, *Star Wars* finger puppets and "Wookiee Cookies." This program is for children ages 7 and up, and *registration is required.*



On *Saturday, Aug. 17, at 11 a.m.*, we will have **Jedi Knight Training** with Jungle Jim. This interactive performance is great for all children. The Jedi Knight will lead kids through a series of challenges including Jedi Force Magic, the Laser Balloon Barrage and Jedi Teamwork Training, all culminating in an epic light saber duel with the Jedi Master himself. Kids are encouraged to dress up for this event. Following the training, kids can make their own *Star Wars* ice cream sundaes in the storyhour room (first-come, first-served, while supplies last). *No registration required.*

## Another Children's Book Suggestion

### Chapter Book



### **A Week in the Woods**

By Andrew Clements

The fifth grade's annual camping trip in the woods tests Mark's survival skills and his ability to relate to a teacher who seems out to get him.

# Children's



To view all children's activities or to sign up online for any event that requires registration, go to

<http://bit.ly/MPLRegisterAUG2019> or call 508-624-6902.

### More Children's Events

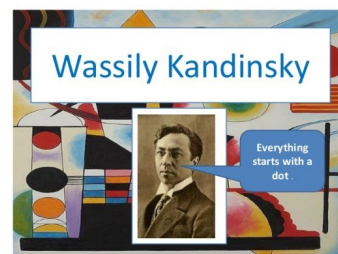
We have several more arts and crafts activities this month.

Miss Lauren's **Painter's Challenge** will be Wednesday, Aug. 14, at 3 p.m. In this parent/child painting program, you will be presented with a unique challenge that will test your painting skills. Please wear clothing you do not mind getting stained as we will mostly be using acrylic paint (all ages event).

*Please pre-register each participant separately.*



**Art Club** will be Friday, Aug. 16, at 10 a.m. Come and create an abstract watercolor inspired by Wassily Kandisky. This program is for children ages 7 and up and *requires registration.*



**Mad Science** will meet Saturday, Aug. 10, at 2 p.m.

This month, help us build a geodesic dome tent, like the kind that NASA plans to use on the moon for labs and equipment storage. This event is for ages 7-11. *Please pre-register.*