

**CITY OF MARLBOROUGH**  
MARLBOROUGH, MASSACHUSETTS 01752-3812



**RECREATIONAL ACTIVITIES RELEASE FORM**

I, the undersigned, \_\_\_\_\_, do hereby consent to my participation in the Fitness Boot Camp program which is being operated by the City of Marlborough Recreation Department.

I also agree to forever release the City of Marlborough, and all their employees, agents, board members, volunteers and any and all individuals and organizations assisting or participating in any voluntary or recreation programs of the City of Marlborough ("the Releasees") from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself or property damage resulting from my participation in the City of Marlborough Recreation Department programs .

I also promise, to indemnify, defend, and hold harmless the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from my participation in the Recreation Department programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my participation **is voluntary** and that I am free to choose not to participate in said program. By signing this Form, I affirm that I have decided to participate in the City of Marlborough Recreation Department recreational program with full knowledge that the Releasees will not be liable to anyone for personal injuries and property damage that I may suffer in voluntary activities of the City of Marlborough recreation programs.

Participant Signature:

\_\_\_\_\_

Date: \_\_\_\_\_