

☯ Self - Defense & Safety Awareness Education ☯ Champion Youth & the Marlborough Recreation Department

☯ ☯ ☯ Achieve your Best in the Year 2016 Fall ☯ ☯ ☯

EXPERIENCE the VALUE. VALUE the EXPERIENCE.

Enhance your-
Mind, Body & Soul



MARLBOROUGH
RECREATION DEPT.



☺ Pay Weekly at \$10.00 Per Lesson with a \$15.00 Registration Fee

☺ Save \$24.00 By Paying In Full: \$126 includes the registration Fee & Testing Fee!

What?

This unique program going on its 21st year ☺ combines Safety Awareness Education with *Head* Instructors *David Shepherd & Shawn Thompson* “Martial Arts Hall of Fame” 2011, 2012 & 2015. Instructor *Shaun Nason* 2nd degree black belt, Instructors *Amber & Cole Hebb* 1st degree black belts. Be your best in a fun structured environment. Additional benefits include **Self-Discipline, Self-Control, Focus, Concentration, Self-Esteem, and Respect** for others.

Where?

Classes will be held at the Kane School (Gym) on Farm Road. **Note:** Please use side entrance.

When?

Registration and the First Class begins on Wednesday, September 21st 2016

⇒(For 12 Weeks) **Classes are held every Wednesday. Sorry! No Pre-Registration**

No Class – November 23rd (Thanksgiving Recess)

⇒Note: **We welcome new students up to the Third week of class!**

What Time?

New Students & all Yellow Belts

Ages 5 - 15

6:00 – 7pm

All Orange Belts & Above

7:10 - 8:10pm

A uniform (Gi/Dobok) is suggested for motivation and freedom of movement, available for \$30.00 at your class.

Come and join the fun sport of Karate... you are a “Champion”
If you have any questions, please call Champion Youth at (978) 567-8877
or The Marlboro Rec. Dept. at (508) 624-6925